ASK FOR AND GET

SPAGHE

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BKINNER MFG. CO., OMAHA, U.S.A. LARGEST MACARONI FACTORY IN AMERICA

What We Might Have Missed. "I've been reading about Anthony and Cleopatra. Theirs is a famous love story."

"Yes. The world would have lost several fine paintings and at least one creat play if Cleopatra had had a New England conscience."

Dr. Pierce's Pleasant Pellets are the original little liver pills put up 40 years ago. They regulate liver and bowels.—Adv.

The Gay Life.

"Made his money in petroleum, you

"Yes. And his son is spending large sums on a by-product." "What?"

"Gasoline."

Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it

Bears the Signature of Chat Hilliams. In Use for Over 30 Years. Children Cry for Fletcher's Castorio

"Is It Fatal, Doctor?"

Evan B. Stotsenburg, attorney general, once was trying a lawsuit in New Albany. A colored physician was called as a witness for the other side to establish certain medical evidence.

This colored man had come to New Albany with a diploma written in some foreign language, and no one ever had taken the trouble to determine whether it was genuine, Stotsenburg said in telling the story. Mr. Stotsenburg cross-examined the witness thus:

"You say you are a physicianmedicine physician?"

"Yes, sir," replied the colored man "You know all about diseases-all kinds?"

"Yes, sir, yes, sir. I knows that disease, sir."

"Well, then, just explain to this jury what that disease it," Stotsenburg or dered.

"It's a disease of the kidneys, suh, a disease of the kidneys," the physician told the jury.-Indianapolis News.

Proving It.

"Hurrah for th' Germans!" shouted the bibulous man. "Mos' effishient people on earth."

"Say," remarked a truculent citi-

zen. "I'm for the allies." "Ish that so? I'll tell you somethin bout myself."

"Well?" "I'm th' mos' adapt'ble feller you ever saw. Hurrah for th' allies!'

Some men are born great, and then they miss the pleasure of telling how they did it.

One of the ambitions of the average man is to do those he has been done by

Well Built Is Built To Win-

but in building brain and body, often the daily diet lacks certain essential mineral elements.

These necessary factors are abundantly supplied by the field grains, but are lacking in many foods—especially white flour, from which they are thrown out in the milling process to make the flour white.

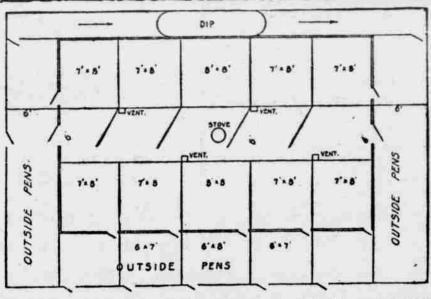
Grape-Nuts

made of whole wheat and malted barley, supplies all the rich nutriment of the grains, including their vital mineral salts, those all-necessary builders of active brains and vigorous bodies.

To build right, eat Grape-Nuts.

"There's a Reason"

USE CARE TO KEEP DISEASE FROM HOGS



Ground Plan of Hoghouse, Showing Arrangement of Inside and Outside Pens. Etc.

ers and stockmen should exercise an unusual degree of care in order to avoid disease among their hogs, warns Dr. F. S. Schoenleber, professor of veterinary medicine in the Kansas State Agricultural college.

What should be done to prevent cholera, swine plague, and other hog diseases? Should the farmer feed one of the many disease preventives advertised on the market or should he vaccinate the hogs? These are some of the many questions that come in from Kansas farmers. "If the herd shows no sign of infection, do neither," is the advice of Doctor Schoenleber, "Clean up," says. he, "not only the lots and pens, but the premises. This should be done under the supervision of a veterinarian or some other person who has a knowledge of bacteriology and job properly."

If all the farms were cleaned up in this manner each year, points out this authority, not only spine diseases, but all other stock diseases would eventually be largely eliminated. This fact cannot be too strongly emphasized, and farmers should be willing to co-operate in stamping out the cause of a loss of millions of dollars every year.

'When there is any disease in the best to vaccinate, using the simulta- the lots."

This is the time of year when farm | neous method," says Doctor Schoenleber. "This guarantees immunity from cholera for six years. The serum can be obtained from the agricultural college and any veterinarian can do the vaccinating. The cost ranges from 25 to 30 cents for shoats up to \$1.25 for heavy hogs.

"The whole problem of preventing disease and having healthy, thrifty hogs is, however, one of sanitation. When the farmers learn that hogs respond to good care as quickly as people, and are almost as susceptible to disease, they will take better care of them and will have far fewer

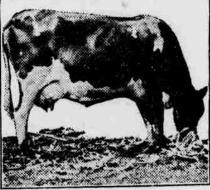
"At present there is hardly a vicinity in Kansas where hogs are grown to any extent, that has not some dis-The same drastic measures should be taken to free the state of sanitation. No one else will do the hog cholera that are used with footand-mouth disease, glanders, or any other fatal stock disease.

"There are scarcely any herds of hogs in this or any other state that are not infected more or less with parasites. There is much danger during the first two months of the fall from the feeding of green corn, since it has a natural tendency to lower the vitality of growing hogs. These two facts, coupled with cold weather and confinement, make the contraction of neighborhood or vicinity, then it is disease easy if germs are brought into

DAIRY COWS FOR THE FAMILY

No Other Animal on Farm Will Be More Important in Supplying Food -Small Pasture Ample.

The dairy cows will be a very important factor in the food supply this year. No other animal will be more important in supplying food for the family. Land owners who have tenants who will be required to buy much of their food before their crops are harvested should help them get one or more cows. It will not cost much



Good Cow for Family.

to feed a good cow, provided there is a pasture. If there is only a very small pasture the farmer may plant soiling crops and thus keep a cow very economically.

The dairy cows under reasonable material.

Farmer Loses Much Profit on Eggs by

Not Giving Young Stock Suffi-

cient Time to Mature.

(By PROF. H. L. KEMPSTER, University of Missouri, College of Agriculture.)

The poultry keeper who expects to

get eggs next winter must have his

chickens hatch early this spring. It re-

quires from five to seven months for

a three to five pound hen to mature so

that she will lay. Then hen of the

heavier breeds such as Rocks, Reds,

Wyandottes, etc., weighing from five

to eight pounds each require from one

to three months longer. This is based

on the assumption that the chicks are

kept growing well during the summer

months. The Missouri farmer loses

large profits from winter eggs because

he does not give his young stock suf-

ficient time to mature before winter

sets in. This prevents his flock be-

ing productive during the winter

Unless a pullet is laying in Decem-

months.

conditions will save nearly or quite half of the expenses of a small family. Where one must run a store account such bills may be cut in half by a good cow.

Since we are to feed ourselves this year instead of the cotton speculators, why not invest in at least enough cows to supply the family table with all the milk and butter that can be used?

Most farmers could well afford raise a few heifers every year. There is very little difficulty in selling good cows. With a silo, a few acres in permanent pasture and crops for grazing at times when the permanent pasture and the silo may not be sufficient, will cost very little to raise two or three helfers every year.

Try it. Use some of the acreage in raising calves and maintaining

When Buying Feed.

In buying feed for dairy cows the price is not the only point to consider. Bran at \$1.00 a hundred is more expensive than cottonseed meal at \$2.00. It is what the feed contains in the way of nutriment which really counts.

Proper Attention Necessary.

A poorly fed, neglected hen lays no When a hen stands around idle and waits for her feed, instead of digging for it, the chances are she is putting on fat instead of storing up egg

EARLY HATCHING PAYS BEST to lay much until February, according to experiments at the Missouri agricultural station. This shows the necessity of hatching early. If the hatch is completed by May 15 there remains but seven months in which to mature the pullets. If winter eggs are expected, the hatch should be completed before that time. Egg records show that early laying pullets-November

> eggs at the time of the year when the price is the highest. Early hatching is important, not only from the standpoint of next year's winter egg yield but also because the early hatched chick comes from stronger eggs, and the chicks get a start before the extreme hot weather arrives. For those two reasons the

> make the high egg yields and also lay

December-are the ones that

possible.

Give the Cows a Rest. Give cows six to eight weeks' rest between lactation periods and breed heifers to drop their first calves at ber it is practically impossible for her twenty-four to thirty months of age. Times.

Demperance

(Conducted by the National Woman's Christian Temperance Union.)

WORK FOR A DRY STATE.

A Trades Unionists' Anti-Booze League has been organized in Nebraska. It will work for the dry amendment to be voted on by the people of the state next November. "Attempts to show that union labor as a whole is supporting the liquor interests will not be permitted to go unchallenged," says the president of the league, Mr. I. J. Copenharve of the Omaha Typographical union.

The league has issued the following statement:

"The object of this league is to impress upon the general public that certain 'labor organizations' and 'Trade Union Liberty Leagues,' controlled by the liquor interests, do not voice the true sentiment of the labor organizations of Nebraska in their effort to make it appear that the laboring class is subservient to the whims of said liquor industry.

"It shall be the aim of this organization to publicly disclaim in every way possible that union labor of Nebraska looks upon the use of liquor as an aid to its welfare and advancement, but rather that the use of intoxicating liquor is the greatest handicap union labor has to contend with in making its fight for justice for the working class.

"The members of this league resent any effort of the liquor element to place union labor of Nebraska in the attitude of supporting an industry that never has and never can aid the workingman in his struggle for better conditions for himself and family."

WET BRAIN.

Dr. W. A. Evans conducts an "How to Keep Well" department in Chicago Tribune. The other day, under the above caption, he devoted considerable space to the drinker's brain.

"The man," he said, "who takes a social drink should know of a new danger that lies in store for him. It is wet brain. He has probably heard that drink lowers the moral tone, that it weakens resistance, that if he indulges presently he will be unable to resist, that it makes his judgment poor, and that, finally, he develops delirium tremens. Delirium tremens was the veil beyond which nothing lay.

"Doctors Sceleth and Beifeld now come forward with the warning that beyond delirium tremens lies wet brain, that only one man in four attacked by wet brain recovers. And Doctors Sceleth and Beifeld ought to know, for the former has been physician to the bridewell for many years and he has cared for about 2,500 drunks a year during all of that time. A great many of these drunks have had delirium tremens. Many of them have had wet brain. Most of the wetbrain cases have died and autopsy has been made on them. Every drink is a mixed drink. There are no other kinds. When a man takes a drink, however simple it may be, he mixes in some degeneration of his nerve cells, some chance of delirium tremens, and a few other ingredients. Let him understand that he also pours into the glass about one finger of wet brain."

CONSUMPTION OF ALCOHOL.

That the use of beer and wines does not tend to decrease the consumption of strong liquors, is shown by Gabrielson, a Swedish statistician who has published the results of his researches. The figures are for the period 1906-1910.

France consumes more than three times as much alcohol per capita as the United States, due to its general use of wine. Italy consumes nearly three times as much, Spain twice as much, Greece twice as much, Switzerland twice as much, Portugal nearly twice as much. Belgium consumes considerably more alcohol, although it is one of the leading beer countries. In Germany 49 per cent of the total drink consumption is of spirits, while in the United States more than 55 per cent of the total drink consumption is beer, which seems to indicate that the Germans, despite their beer prejudices, use considerably more spirits per capita than the United States.

A GREAT LESSON.

Among the incalculable losses resulting from this great war there stands out prominently one benefit; it has brought to all countries engaged in it—and to others—a realization such as they never had before of the relation between alcohol and efficiency. poultrykeeper should exert every energy to get off the hatch as soon as Something, and perhaps much, of that new knowledge is sure to remain after peace returns, for, of course, it is not only with success in fighting that strong drink interferes, or only in war that men need to have all their wits about them all the time.-New York

HUSBAND OBJECTS TO OPERATION

Wife Cured by Lydia E Pinkham's Vegetable Compound

Des Moines, Iowa .- "Four years ago I was very sick and my life was nearly



spent. The doctors stated that I would never get we'll without an operation and that without it I would not live one year. My husband objected to any operation and got me some of Lydia E. Pinkham's Vegetable Compound. I took it and commenced

to get better and am now well, am stout and able to do my own housework. I can recommend the Vegetable Compound to any woman who is sick and run down as a wonderful strength and health restorer. My husband says I would have been in my grave ere this if it had not been for your Vegetable Compound."-Mrs. BLANCHE JEFFERson, 703 Lyon St., Des Moines, lowa.

Before submitting to a surgical operation it is wise to try to build up the female system and cure its derangements with Lydia E. Pinkham's Vegetable Compound; it has saved many women from surgical operations.

Write to the Lydia E. Pinkham Medicine Co., Lynn, Mass., for advice-it will be confidential.

Rapid Transit.

"How is it you have no references from your last place?"

"Well, you see, mum, I was there only twenty minutes." When girls are not busy picking husbands they are busy picking quarrels

with those who are. You can soon fill your purse by add-

ing a little more than you take out.

Thousands Tell It Why dally along with backache and kidney or bladder troubles? Thousands tell you how to find relief. Here's a case to guide you. And it's only one of thousands. Forty thousand American people are publicly praising Doan's Kidney Pills. Surely it is worth the while of any one who has a bad back, who feels tired, nervous and run-down, who endures distressing urinary disorders, to give Doan's Kidney Pills a trial.

An Ohio Case Mrs. Charles V. Gaumer, 262 Park St., Zanesville, O., says:
"I had a bad case of kidney complaint. My back was sore and, painful and pains in my back and limbs almost doubled." limbs almost doubled me up. Gradually the trouble got worse and dizzy spells and headaches came on. My body bloated and I lost flesh until I weighed only sevenweighed only seven-ty-six pounds. After treatment at the hos-pital without success, I used Doan's Kidney Pills. They cured me and the cure has been permanent."

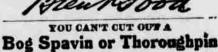
DOAN'S HIDNEY
DOAN'S PILLS FOSTER-MILBURN CO., BUFFALO, N. Y

The Army of Constipation Is Growing Smaller Every Day. CARTER'S LITTLE

LIVER PILLS are responsible — they not only give relief — they perma-nentlycure Constipation. Milthem for

Indigestion, Sick Headache, Sallow Skin.

SMALL PILL, SMALL DOSE, SMALL PRICE. Genuine must bear Signature



but you can clean them off premptly with

and you work the horse same time. Does not blister or remove the hair. \$2.00 per bottle, delivered.

Will tell you more if you write. Book 4 M free. ABSORBINE, JR., the antiseptic liniment for mankind reduces Varicose Veins, Ruptured Muscles or Ligaments, Enlarged Glands, Wens, Cysts. Allays pain quickly. Price \$1 and \$2 a bottle at druggists or delivered. Made is the U. S. A. by W. F. YOUNG, P. D. F., 310 Temple \$1, Springfield, Mass.



MOTHER GRAY'S SWEET

W. N. U., CINCINNATI, NO. 18-1916.